

Users - How to view seminar attendance

First users must login via the following link: <https://workhealthandfitnessrecord.com.au/index.php/login/>

Users can select “My Seminar Records” via the navbar to view all their seminar attendance records. It shows the user the date completed and the course title.

**Work Health and
Fitness Record**

My Seminar Records

My Assessment Results

Hello, Michael

Logout

My Seminar Attendance Records

Filter by Course: All Courses

Download as CSV (Filtered)

Download as CSV (All)

Date	Course
2022-10-12	Smoke Free
2024-02-22	How to Lower Blood Pressure Glucose and Cholesterol
2024-03-05	Manual Handling
2024-03-11	Smoke Free
2024-03-22	Work-Life Balance
2024-03-29	Integral Training
2024-06-27	Integral Training

You may also filter by course completed using the dropdown feature.

My Seminar Attendance Records

Filter by Course

✓ All Courses

How to Lower Blood Pressure, Glucose and Cholesterol

Manual Handling

Smoke Free

Work-Life Balance

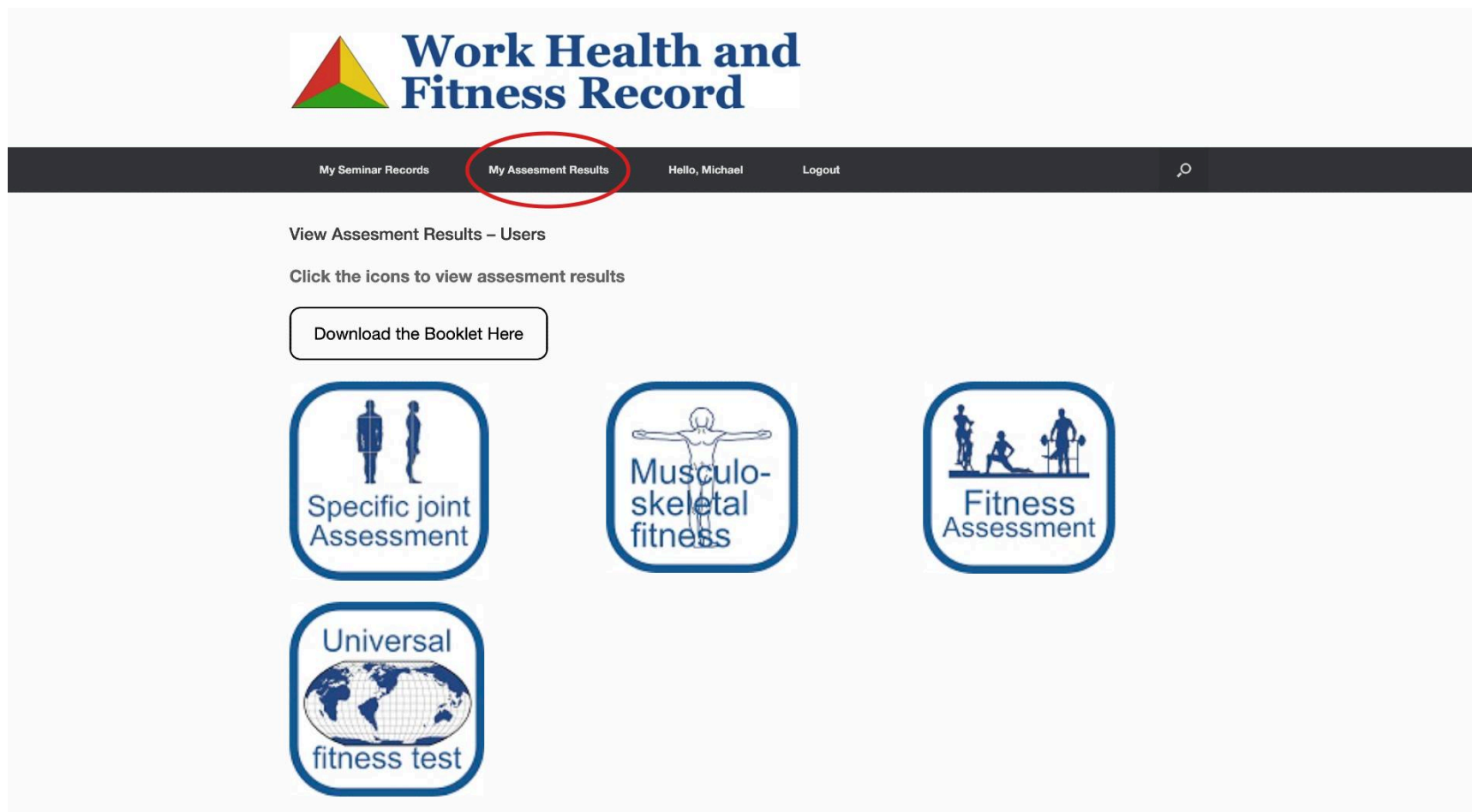
Integral Training

Download as CSV

Date	
2024-02-22	Cholesterol
2024-03-05	Manual Handling
2024-03-11	Smoke Free
2024-03-22	Work-Life Balance
2024-03-29	Integral Training

Users - How to view your assessment records

Select “My Assessment Results” on the navbar to be directed to the assessment results page.



The screenshot displays the 'Work Health and Fitness Record' website. The header features a logo with a red, yellow, and green triangle to the left of the text 'Work Health and Fitness Record'. Below the header is a dark navigation bar with the following links: 'My Seminar Records', 'My Assessment Results' (highlighted with a red circle), 'Hello, Michael', and 'Logout'. A search icon is located on the right side of the navigation bar. Below the navigation bar, the page title 'View Assessment Results – Users' is displayed. Below the title, the text 'Click the icons to view assesment results' is shown. A button labeled 'Download the Booklet Here' is positioned below the text. Below the button are four icons representing different assessment types: 'Specific joint Assessment' (showing two human figures), 'Musculo-skeletal fitness' (showing a human figure with arms outstretched), 'Fitness Assessment' (showing three human figures in various poses), and 'Universal fitness test' (showing a globe).

Work Health and Fitness Record

My Seminar Records **My Assessment Results** Hello, Michael Logout

View Assessment Results – Users

Click the icons to view assesment results

Download the Booklet Here

Specific joint Assessment

Musculo-skeletal fitness

Fitness Assessment

Universal fitness test

You can select any of the following assessments to view your records and results, you may also select “Download as CSV” to instantly download a CSV file of your results for that assessment. You can also select “View Questions” to open a PDF of the assessment selected.



My Seminar Records

My Assessment Results

Hello, Michael

Logout



My Musculoskeletal Assessment Records

Download as CSV

View Questions

[illegible]

Users - How to edit your details

You can edit your profile details via the following tab.



Work Health and Fitness Record

[My Seminar Records](#)[My Assesment Results](#)[Hello, Chris](#)[Logout](#)

Edit Profile

Name

First Name

Chris

Last Name

Evans

Display name publicly as

Chris Evans

Contact Info

E-mail *

chris.evans@jupiter.local

Password

Repeat Password